

READY Framework Lesson Plans

Adults & Parents | All Ages

R

Read the Output

E

Evaluate Accuracy

A

Assess for Bias

D

Decide What to Do

Y

Your Role as Guide

AI Literacy Lesson Plans

READY Framework

Adults & Parents | All Ages | Gamified AI Evaluation Lessons

What Does AI Literacy Mean for This Age Group?

AI literacy for adults means understanding AI well enough to make informed decisions at home and work. You do not need a technical background. You need to ask the right questions, spot misinformation, and model responsible use for the people in your life.

What is Included

- **1 Full Lesson** 45 minutes with 5 gamified checkpoints
- **5 Mini-Lessons** 15 minutes each, one per READY step
- **Gamification** Points, badges, team challenges, ranks
- **Teacher Notes** Facilitation guidance throughout
- **Progress Tracker** Student self-assessment sheet

Gamification

Points

1 star per checkpoint
5 stars per lesson
10 stars max

Badges

Earned per activity
6 badges available
READY Master Badge

Ranks

AI Aware
AI Informed
AI Advocate
AI Literacy Champion

You are the thinker.

AI is the tool.

Full Lesson The READY Challenge

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The READY Challenge

Full Lesson | 45 minutes | Adults & Parents | All Ages

Checkpoint 1: R = Read the Output (8 min)

PROMPT

A realistic AI-generated email about a school policy change with 1 error and 1 misleading claim.

Activity:

Highlight anything that seems off. Discuss as a group.

Teacher note: Adults often trust AI content because it sounds professional.

Checkpoint 2: E = Evaluate Accuracy (8 min)

PROMPT

AI health advice: 5 foods that cure anxiety. Mixes real science with unverified claims.

Activity:

Identify supported vs exaggerated claims. Discuss verification sources.

Teacher note: Health misinformation is a major challenge.

Checkpoint 3: A = Assess for Bias (8 min)

PROMPT

AI product review that is actually a disguised advertisement.

Activity:

List 3 signs of hidden promotion. Discuss how algorithms shape what you see.

Teacher note: Applies to shopping, news, and social media.

Checkpoint 4: D = Decide What to Do (8 min)

PROMPT

Your child asks AI to help with homework. AI writes a full paragraph.

Activity:

Write a script for the conversation with your child.

Teacher note: Most practical checkpoint for parents.

Checkpoint 5: Y = Your Role as Guide (8 min)

PROMPT

Your workplace starts using AI to draft reports.

Activity:

Create a personal READY checklist. 5 quick questions. Keep on your phone.

Teacher note: Adults need portable tools.

You are the thinker.

AI is the tool.

Mini-Lesson 1 Read the Output

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Mini-Lesson 1: R = Read the Output

15 minutes | Adults & Parents | All Ages

● Objective

Slow down and read AI content critically.

● Activity

Inbox Audit: rate 5 AI-generated emails on a trust scale of 1-5.

● Gamification

Trust Meter Challenge: identify AI vs human content.

Badge: Critical Consumer Award

● Teacher Note

Build healthy skepticism.

You are the thinker.

AI is the tool.

Mini-Lesson 2 Evaluate Accuracy

Adults & Parents | All Ages

R

Read the Output

E

Evaluate Accuracy

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Assess for Bias

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Decide What to Do

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Your Role as Guide

Mini-Lesson 2: E = Evaluate Accuracy

15 minutes | Adults & Parents | All Ages

● Objective

Verify AI claims before acting.

● Activity

Fact Check Drill: verify 10 AI statements in 10 minutes using phones.

● Gamification

Speed Verify: first to correctly verify 5 claims wins.

Badge: Verification Pro Award

● Teacher Note

Same skills you want your kids to learn.

You are the thinker.

AI is the tool.

Mini-Lesson 3 Assess for Bias

Adults & Parents | All Ages

R

Read the Output

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Evaluate Accuracy

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Assess for Bias

D

Decide What to Do

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Your Role as Guide

Mini-Lesson 3: A = Assess for Bias

15 minutes | Adults & Parents | All Ages

● Objective

Recognize bias in AI-curated content.

● Activity

Feed Audit: screenshot your news feed. Identify what is shown and what is missing.

● Gamification

Bias Bingo: mark patterns on bingo cards.

Badge: Bias Awareness Award

● Teacher Note

Understanding algorithms changes how you consume info.

You are the thinker.

AI is the tool.

Mini-Lesson 4 Decide What to Do

Adults & Parents | All Ages

R

Read the Output

E

Evaluate Accuracy

A

Assess for Bias

D

Decide What to Do

Y

Your Role as Guide

Mini-Lesson 4: D = Decide What to Do

15 minutes | Adults & Parents | All Ages

● Objective

Develop decision frameworks for daily AI.

● Activity

Scenario Workshop: 6 realistic scenarios. Decide trust, verify, or reject for each.

● Gamification

Decision Tournament: bracket-style debate.

Badge: Decision Framework Award

● Teacher Note

The READY framework should become automatic.

You are the thinker.

AI is the tool.

Mini-Lesson 5 Your Role as Guide

Adults & Parents | All Ages

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D

Decide What to Do

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Your Role as Guide

Mini-Lesson 5: Y = Your Role as Guide

15 minutes | Adults & Parents | All Ages

● Objective

Model and teach responsible AI use.

● Activity

Family AI Agreement: draft rules for AI use at home. Post on the fridge.

● Gamification

Agreement Exchange: swap and role-play conversations.

Badge: AI Guide Award

● Teacher Note

A printed agreement makes the conversation concrete.

You are the thinker.

AI is the tool.

Progress Tracker

Adults & Parents | All Ages

- R Read the Output
- E Evaluate Accuracy
- A Assess for Bias
- D Decide What to Do
- Y Your Role as Guide

My READY Progress Tracker

Name: _____ Grade: _____

Color in a star each time you complete a checkpoint.

R = Read the Output



E = Evaluate Accuracy



A = Assess for Bias



D = Decide What to Do



Y = Your Role as Guide



My Rank: _____

My Badge: _____

Teacher Signature: _____

You are the thinker.
AI is the tool.