

# READY Framework Lesson Plans

Adults &amp; Parents | All Ages

- R** Read the Output
- E** Evaluate Accuracy
- A** Assess for Bias
- D** Decide What to Do
- Y** Your Role as Guide

# AI Literacy Lesson Plans

## READY Framework

Adults &amp; Parents | All Ages | Gamified AI Evaluation Lessons

### What Does AI Literacy Mean for This Age Group?

AI literacy for adults means understanding AI well enough to make informed decisions at home and work. You do not need a technical background. You need to ask the right questions, spot misinformation, and model responsible use for the people in your life.

### What is Included

- **1 Full Lesson** 45 minutes with 5 gamified checkpoints
- **5 Mini-Lessons** 15 minutes each, one per READY step
- **Gamification** Points, badges, team challenges, ranks
- **Teacher Notes** Facilitation guidance throughout
- **Progress Tracker** Student self-assessment sheet

### Gamification

#### Points

1 star per checkpoint  
5 stars per lesson  
10 stars max

#### Badges

Earned per activity  
6 badges available  
READY Master Badge

#### Ranks

AI Aware  
AI Informed  
AI Advocate  
AI Literacy Champion

You are the thinker.

AI is the tool.

# Full Lesson

## The READY Challenge

Adults &amp; Parents | All Ages

- R** Read the Output
- E** Evaluate Accuracy
- A** Assess for Bias
- D** Decide What to Do
- Y** Your Role as Guide

# The READY Challenge

Full Lesson | 45 minutes | Adults &amp; Parents | All Ages

## Checkpoint 1: R = Read the Output (8 min)

**PROMPT**

A realistic AI-generated email about a school policy change with 1 error and 1 misleading claim.

**Activity:**

Highlight anything that seems off. Discuss as a group.

Teacher note: Adults often trust AI content because it sounds professional.

## Checkpoint 2: E = Evaluate Accuracy (8 min)

**PROMPT**

AI health advice: 5 foods that cure anxiety. Mixes real science with unverified claims.

**Activity:**

Identify supported vs exaggerated claims. Discuss verification sources.

Teacher note: Health misinformation is a major challenge.

## Checkpoint 3: A = Assess for Bias (8 min)

**PROMPT**

AI product review that is actually a disguised advertisement.

**Activity:**

List 3 signs of hidden promotion. Discuss how algorithms shape what you see.

Teacher note: Applies to shopping, news, and social media.

## Checkpoint 4: D = Decide What to Do (8 min)

**PROMPT**

Your child asks AI to help with homework. AI writes a full paragraph.

**Activity:**

Write a script for the conversation with your child.

Teacher note: Most practical checkpoint for parents.

## Checkpoint 5: Y = Your Role as Guide (8 min)

**PROMPT**

Your workplace starts using AI to draft reports.

**Activity:**

Create a personal READY checklist. 5 quick questions. Keep on your phone.

Teacher note: Adults need portable tools.

You are the thinker.

AI is the tool.

# Mini-Lesson 1 Read the Output

Adults & Parents | All Ages

- R** Read the Output
- E** Evaluate Accuracy
- A** Assess for Bias
- D** Decide What to Do
- Y** Your Role as Guide

## Mini-Lesson 1: R = Read the Output

15 minutes | Adults & Parents | All Ages

### ● Objective

Slow down and read AI content critically.

### ● Activity

Inbox Audit: rate 5 AI-generated emails on a trust scale of 1-5.

### ● Gamification

Trust Meter Challenge: identify AI vs human content.

**Badge: Critical Consumer Award**

### ● Teacher Note

Build healthy skepticism.

You are the thinker.

AI is the tool.

# Mini-Lesson 2 Evaluate Accuracy

Adults & Parents | All Ages

- R** Read the Output
- E** Evaluate Accuracy
- A** Assess for Bias
- D** Decide What to Do
- Y** Your Role as Guide

## Mini-Lesson 2: E = Evaluate Accuracy

15 minutes | Adults & Parents | All Ages

### ● Objective

Verify AI claims before acting.

### ● Activity

Fact Check Drill: verify 10 AI statements in 10 minutes using phones.

### ● Gamification

Speed Verify: first to correctly verify 5 claims wins.

**Badge: Verification Pro Award**

### ● Teacher Note

Same skills you want your kids to learn.

You are the thinker.

AI is the tool.

## Mini-Lesson 3 Assess for Bias

Adults & Parents | All Ages

- R** Read the Output
- E** Evaluate Accuracy
- A** Assess for Bias
- D** Decide What to Do
- Y** Your Role as Guide

# Mini-Lesson 3: A = Assess for Bias

15 minutes | Adults & Parents | All Ages

### ● Objective

Recognize bias in AI-curated content.

### ● Activity

Feed Audit: screenshot your news feed. Identify what is shown and what is missing.

### ● Gamification

Bias Bingo: mark patterns on bingo cards.

**Badge: Bias Awareness Award**

### ● Teacher Note

Understanding algorithms changes how you consume info.

You are the thinker.

AI is the tool.

# Mini-Lesson 4 Decide What to Do

Adults & Parents | All Ages

- R** Read the Output
- E** Evaluate Accuracy
- A** Assess for Bias
- D** Decide What to Do
- Y** Your Role as Guide

## Mini-Lesson 4: D = Decide What to Do

15 minutes | Adults & Parents | All Ages

### ● Objective

Develop decision frameworks for daily AI.

### ● Activity

Scenario Workshop: 6 realistic scenarios. Decide trust, verify, or reject for each.

### ● Gamification

Decision Tournament: bracket-style debate.

**Badge: Decision Framework Award**

### ● Teacher Note

The READY framework should become automatic.

You are the thinker.

AI is the tool.

# Mini-Lesson 5 Your Role as Guide

Adults & Parents | All Ages

- R** Read the Output
- E** Evaluate Accuracy
- A** Assess for Bias
- D** Decide What to Do
- Y** Your Role as Guide

## Mini-Lesson 5: Y = Your Role as Guide

15 minutes | Adults & Parents | All Ages

### ● Objective

Model and teach responsible AI use.

### ● Activity

Family AI Agreement: draft rules for AI use at home. Post on the fridge.

### ● Gamification

Agreement Exchange: swap and role-play conversations.

**Badge: AI Guide Award**

### ● Teacher Note

A printed agreement makes the conversation concrete.

You are the thinker.

AI is the tool.

# Progress Tracker

Adults & Parents | All Ages

- R** Read the Output
- E** Evaluate Accuracy
- A** Assess for Bias
- D** Decide What to Do
- Y** Your Role as Guide

## My READY Progress Tracker

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Color in a star each time you complete a checkpoint.

### R = Read the Output



### E = Evaluate Accuracy



### A = Assess for Bias



### D = Decide What to Do



### Y = Your Role as Guide



**My Rank:** \_\_\_\_\_

**My Badge:** \_\_\_\_\_

Teacher Signature: \_\_\_\_\_

You are the thinker.

AI is the tool.